



editorial

New title of the Journal and the Ozone Therapy is not a Pseudoscience

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Madrid, May 2019

Suggestion on how to quote this paper:

Schwartz, Adriana. (2019). Editorial. *Ozone Therapy Global Journal*. Vol. 9, nº 1, pp. 3-4.

New name of the journal

We are proudly launching a new name for the journal. The previous title "Revista Española de Ozonoterapia - Spanish Journal of Ozone Therapy" has been transformed from this 2019 annual edition into "Ozone Therapy Global Journal". The journal has been published continuously since 2011, both in English and Spanish. The fact that it is bilingual has allowed it to be more frequently read and consulted in many countries of the world. As English has become the language of scientific reference, Aepromo has considered that the title of the journal should reflect that international scope.

We have changed the title of the journal, but it will continue to have the same spirit and enthusiasm with which we have maintained it since 2011. We will continue to defend, on the one hand, that ozone therapy is a medical act, which must be carried out by experienced health personnel and properly trained; and on the other that research is an essential tool for the development of this therapy.

Ozone therapy is not pseudotherapy

Over the course of several years, an immense media campaign against pseudotherapies has been carried out by pharmaceutical companies that fund associations of patients to inform against pseudotherapies, where they include ozone therapy without any foundation.

Unfortunately, the highest Spanish doctors group joined this campaign against ozone therapy. At the 2018 journal editorial we denounced that the Spanish Medical Association (OMC for its acronym in Spanish, Asociación Médica Colegial), which groups all the Spanish Official Associations of Physicians, had classified ozone therapy as pseudoscience in a "superficial report of scarce 19 lines" and had "done it without a minimum of rigor or equanimity". This decision had been executed "in a biased, arbitrary way and without a minimum of dialogue or contrast of data". Decision taken without being given to us "the opportunity to provide clinical studies, works or published experiences to defend ourselves". The sentence had been handed down "without hearing the physicians" of the different Spanish Official Associations who practiced this therapy.

The Spanish government, under the enormous pressure exerted by pharmaceutical companies and patient associations financed by them, launched in November 2018 the "Plan for the Protection of Health against Pseudotherapies" deciding to evaluate natural therapies that could be pseudotherapies. The first result was finalized in February 2019 in the document "Context and analysis of evaluability: Exploratory analysis of systematic reviews and clinical trials published in Pubmed (2012-2018)" where 77 out of a total list of 139 therapies, were classified as pseudotherapies; and specifying that the remaining will be the object of individualized evaluation later on.

The important thing that we must underline is that neither in the document of November 2018, nor in the February 2019 document, ozone therapy was included or mentioned. It was not even suggested. This means that the government does not plan to analyze it. In other words, ozone therapy is not a pseudotherapy for the current Spanish government, and it can continue to be legally practiced in accordance with the directives issued by the 15 Spanish communities where its practice has been authorized.

To achieve this very important positive result, Aepromo had to develop a lobbying effort at various levels. From meetings with Spanish Official Associations of Physicians, with the Spanish Medical Association (OMC for its acronym in Spanish, Asociación Médica Colegial), with regional and national health authorities; even with the publication of several scientific papers on ozone therapy to support what we were defending in government offices

In all the meetings we confirmed what we have been saying for years: ozone therapy does have scientific basis. By doing a simple online search will be found in MedLine 3,153 records referring to ozone therapy, of which 235 are clinical studies published in PubMed. The investigation has gone in crescendo. Only from 1998 to 2008 the research growth has been very significant. According to the "Web of Science" database revised in 2009, the number of papers on the use of ozone in the medical field in one year has increased to 140.

However, ozone therapy lacks of sufficient scientific evidence. The only way to correct this deficiency is by investigating more and publishing their results. What "does not write does not exist". Hence the undeniable work that "Ozone Therapy Global Journal" will continue to have. Our journal, a point of reference for research in the world of ozone therapy, will continue to advance so that scientific research on ozone therapy can be publicized, known and studied. It is not enough to say that "ozone therapy is very good and effective, and the thousands of patients I have treated show that". It is essential to investigate, have reliable and contrasted data, and write. "Ozone Therapy Global Journal" will make them publicly known, provided that the researchers comply with the demanding international standards that scientific journals require.

The original and innovative articles that we publish in this issue constitute the most concrete evidence that there is interest in researching and publishing. We trust that their readings will provide the reader with information and knowledge that will be useful for his daily professional practice.

Diploma course of ozone therapy

Finally, the practice of ozone therapy requires solid knowledge. Proudly Aepromo (Spanish Association of Medical Professionals in Ozone Therapy) contributes to this. In accordance with the academic program previously established, on April 30, 2019 the 4th distance diploma course with a face-to-face and bilingual week (Spanish and English), "Ozone Therapy and Ozonized Growth Factors" ended with great success. Health professionals from 22 different nationalities met at the 4th diploma course, participating in all its 270 hours.

The 5th diploma course will begin on October 1, 2019 and will continue for 7 months to end on the last day of April 2020.

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